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Business & Entrepreneurial

Aboriginal Business Canada.....314-1573

345 Yellowhead Hwy, Kamloops.....Fax 372-2585

www.strategis.ic.gc.ca/epic/internet/inabc-eac.nsf/intro

*Financial assistance, information, resource materials and
Open Monday to Friday, 8:30 to 4:30.*

BC Statistics387-0327

www.bcstats.gov.bc.ca

Statistical information about BC.

Business Directory (Creston)

www.link2creston.com

Canada/BC Business Service 1-800-667-2272

www.smallbusinessbc.ca

Canada Revenue Agency

www.cra.gc.ca

Business Enquiries..... 1-800-959-5525

*Business number registration, source deductions for
employees, GST registration, etc.*

Forms & Publications 1-800-959-2221

Various forms and publications; also available on-line.

Community Futures Development.....352-1933

201-514 Vernon St., Nelson.....Fax 352-5926

www.futures.bc.ca

*A non-profit organization dedicated to the development of
entrepreneurial opportunities. Open Monday to Friday, 8:30 to
4:40. Some of their services include:*

Community Futures Creston 250-254-1967

121 Northwest Blvd.Fax 428-5753

www.futures.bc.ca

Consumer Taxation Information Centre..... 1-877-388-4440

www.rev.gov.bc.ca/ctb

*Provincial sales tax information and registration. Open Monday
to Friday, 8:30 to 4:30.*

Find a more complete listing of our *local*
businesses, organizations, agriculture, arts &
culture, and event listings go to
www.link2creston.com and find what you're
looking for!



Creston & District Chamber of Commerce **428-4342**
121 Northwest Blvd..... Fax 428-9411
www.crestonbc.com/chamber
Local travel and business information. Open Monday to Friday, 9:00 to 4:00. Closed from 12:00 to 1:00.

Employment Standards **1-800-663-3316**
www.labour.gov.bc.ca/esb
Information on BC Employment Standards for employers and employees. Open Monday to Friday, 8:30 to 4:30.

Kootenay Employment Services *see Education, Skills & Training*
Counselling, Community Futures forms and information, a comprehensive business library, computer and Internet access, photocopying and faxing. KES also hosts the link2creston.com website.

Statistics Canada **1-800-263-1136**
www.statcan.ca

Town of Creston **428-2214**
238-10th Ave. N. Fax 428-9164
www.crestonbc.com/creston
Offices of the Mayor and Councillors, as well as other town services such as business licences. Open Monday to Friday, 8:30 to 4:30. Closed from 12:00 to 1:00.

Women's Enterprise Society of BC **1-800-643-7014**
www.wes.bc.ca
Assists women throughout BC to start and grow successful businesses with loans, business counselling and skills training. Open Monday to Friday, 8:30 to 4:30.

Ombudsman of BC **1-800-567-3247**
931 Fort St., Victoria Fax 387-0198
www.ombudsman.bc.ca
The Ombudsman has the power to make a full and impartial investigation into any complaint against a public agency and to make recommendations to the appropriate authority.

Pardon Services (RCMP) **(613) 998-6158**
Call to have criminal record sealed. Fax (613) 957-9063

Passports **1-800-567-6868**
www.ppt.gc.ca

Travelling Advocate Program **1-877-298-2211**
32-13th Ave. S. Cranbrook..... Fax 426-2976
Assists with a variety of legal issues (welfare, rental etc.) for those experiencing financial hardship. Call for service times in your area.

Transportation

Dart Taxi **428-5545**

Bus Pass Program..... **1-888-661-1566**
Yearly, discounted bus pass for seniors and disabled people. Eligibility requirements exist. Monday to Friday, 8:30 to 4:30.

Creston Motor Licence Office **428-2294**
#7-1000 NW. Blvd. (Creston Valley Insurance)
Written and practical testing for various motor-vehicle licenses. Open Monday to Friday, 9:00 to 5:00 and Saturday from 10:00 to 4:00.

Creston Valley Transit..... **428-5533**
Wheelchair accessible, fixed route transit system running Monday through Friday, 8:30 to 4:30. Door-to-door service available Monday through Friday on 24-hour notice. The Rider's Guide is available on all buses and at KES, Pharmasave, Town Hall and the Chamber of Commerce Visitor Centre.

Cranbrook Service..... **428-5533**
Tuesdays and Thursdays at 8:30 a.m.

Greyhound..... **428-2767**
125-16th Ave. N..... Fax 428-5318
Passenger, freight, and courier services.

Legal

Citizenship & Immigration.....1-888-242-2100

www.cic.gc.ca

Dial-a-Law BC.....1-800-565-5297

Library of taped messages provides free and useful information on specific legal topics.

Family Justice Centre.....1-888-216-2211

Help-line provides information on child custody, access, maintenance guidelines, and new laws.

Family Maintenance Enrolment.....(250) 220-4040

Enrolment for family maintenance orders. Open Monday to Friday, 8:30 to 5:00.

Family Maintenance Enforcement1-800-663-3933

Enforcement of family maintenance orders. Automated call-back service.

Kootenay Region Métis Association.....1-800-521-5119

32A-11th Ave. S. Cranbrook Fax 426-2741

Assist first nation's people with family law issues such as divorce, child support, custody and access. Open Monday to Friday, 9:00 to 5:00. Closed from 12:00 to 1:00.

Lawyer Referral Service.....1-800-663-1919

Assists the general public to find an appropriate lawyer. Open Monday to Friday, 8:30 to 4:30.

Legal Aid.....426-4066

200-113 Baker St. Cranbrook Fax 426-4076

Financial aid for those who cannot otherwise afford legal help. Open Monday to Friday, 9:00 to 4:00.

Legal Aid Call Centre.....1-866-577-2525

Contact number if you are unable to get to the Cranbrook office.

Childcare

Childcare Subsidy.....1-888-338-6622

www.mcf.gov.bc.ca/CHILDCARE/application.htm

Financial assistance for childcare

Child Tax Credit..... *see Financial Support*

Creston Family Literacy..... *see Education, Skills & Training*

Creston Valley Family Place.....428-0218

617-11th Ave. S.....Fax 428-0218

A variety of family support programs including:

Mother Goose.....Stories and songs in a group setting for parents and their children to age three.

Indoor PlaygroupsIndoor play activities for parents and their children to age six.

Creston & District Community Complex.....428-7127

312-19th Ave. N.....Fax 428-5700

Fitness, leisure and learning programs for children of all ages. Pick up the Leisure Guide or view it on-line at: www.rdck.bc.ca/recreation/creston.htm.

Creston Community Resource Centre428-5547

223-16th Ave. N.....*see Community Resource Centre (Counselling and Support)*

Support to maintain family units and reduce risk factors to children ages 0 to 18. Provide parent training.

East Kootenay Childcare Resource & Referral

20B-12th Ave. N. Cranbrook 1-800-661-2445

Childcare information and support for families and caregivers. Open Monday to Thursday, 8:00 to 4:00.

East Kootenay Supported Childcare426-4043

20B-12th Ave. N. Cranbrook

Childcare support for children with developmental disabilities. Open Monday to Thursday, 10:00 to 4:00.

Foster Care *see Ministry of Children & Families (below)*

Ministry of Children & Families **428-3229**

224-10th Ave. N.

www.gov.bc.ca/mcf

Adoption services, child protection, foster care, and youth probation. Open Monday to Friday, 8:30 to 4:30. Closed from 12:00 to 1:00.

Moms and Kids..... **428-9100**

Play-group activities and parent networking. Wednesdays, 9:00 to 11:00 at the Lutheran Church, 315-15th Ave N. \$2 drop-in fee.

Parent Help-line..... **1-888-603-9100**

24-hour line for confidential support, referrals, and information for parents.

Parent/Teen Mediation..... **428-5547**

223-16th Ave. N. *see Community Resource Centre (Counselling and Support)*

Assistance for families experiencing parent/teen conflict.

Daycare:

Creston & District Nursery School..... **402-6310**

Contact Sharon Kidd

Creston Valley First Steps Infant/Toddler Centre

1621B Canyon St. **428-4839**

Ages 0-3, Monday through Friday, 8:00 to 5:00.

Grizzly out of School Care & Beyond Wild Youth Program ..

..... **428-1347**

2408 Cedar St. (*Glad Tidings Pentecostal Church*)

After-school care and summer childcare.

Happy Home Daycare **428-7911**

737 Wellspring Rd

In-home, family daycare. Monday through Friday, 8:00 to 5:30.

Housing & Utilities

BC Housing..... **1-800-834-7149**

290 Nanaimo Ave. West Penticton BC V2A 1N5

www.bchousing.org

Assisting British Columbians in greatest need of affordable housing. Emergency shelter, rental housing, and affordable homeownership.

Fortis BC **1-866-436-7847**

www.fortisbc.com

Electricity provider.

Interior Residential Tenancy Office **1-800-665-8779**

www.pssg.gov.bc.ca/rto

Pre-recorded information line: 1-800-661-4886

Information for landlords and tenants about the BC Residential Tenancy Act and its interpretation.

Rental Assistance Program..... **1-800-257-7756**

www.bchousing.org/programs/RAP

Rental subsidy for low income British Columbians.

SAFER **1-800-257-7756**

Rental subsidy for low-income people over the age of 60.

Telus **1-888-811-2323**

www.telus.com

Residential, cell, and business phone services.

Terasen Gas **1-888-224-2710**

www.terasen.com

Natural gas service.

Health

BC Nurse Line1-866-215-4700

Available 24-hours a day, seven days a week. Provide access to registered nurses who give confidential help over the phone. Also provide access to an all-night pharmacist.

Health Files1-877-660-2628

www.bchealthguide.org/healthfiles

Health information available over the phone or via the Internet.

Creston Public Health Unit.....428-3873

312 -15th Ave. N. Fax 428-3880

www.interiorhealth.ca Open Monday to Friday, 8:30 to 4:30.

A wide range of services including STD screening, crisis pregnancy support, pre/post natal education, baby care, homecare, and immunization.

Interior Health Authority.....420-2401

1212 2nd St, Cranbrook BC Fax 420-2405

www.interiorhealth.ca/health-services.aspx

Regional health authority.

Medical Services Plan of BC1-800-663-7100

www.healthservices.gov.bc.ca

Healthcare coverage for residents of BC. Subsidized for those with low incomes. See *Government Agent (Government)*

PharmaCare.....1-800-554-0250

Prescription medication subsidy for people with low incomes.

See *Government Agent (Government)*

Travel Assistance Program.....1-800-661-2668

Discounted transportation fares for eligible applicants requiring medical attention not available locally.

Kathy's Childcare428-3903

232-22nd St. S.

Ages 3-5, Monday through Friday, 8:00 to 5:00.

Me and My Friends428-9414

Licensed family child care

Pat's Family Daycare428-7094

424-11th Ave. N.

All ages, Monday through Friday, 8:00 to 5:00.

Rainbow Family Childcare.....428-5673

228-25th Ave. S.

Ages 0-12, Monday through Friday, 8:30 to 5:00. Special needs children are welcome.

Teddy Bear Daycare428-5111

130-8th Ave. S.

Ages 2 ½ - 5, Monday through Friday, 7:30 to 6:00.

Clothing & Food (low-cost/free)

Creston New Life Christian Church428-5975

1821 Elm St.

Hot lunch on Fridays at 11:30.

Creston Valley Gleaners Society428-4166

807 Canyon St.

Low-cost thrift store for the general public. Food bank and emergency clothing and food hampers are available.

Thrift Store: Tuesdays and Fridays, 9:30 to 4:00

Food Bank: Tuesdays and Fridays, 9:30 to 2:00

Gleaners Too428-4106

Pine St. (Across the street from the original Gleaners)

Furniture and other household items

New Life Furniture.....254-5055
#1-112 NW. Blvd.
Affordable used goods.

Seventh Day Adventist Church.....428-5214
713 Cavell St. (across from the mall)
*Free house-wares, clothing, and food for those in need.
Monday and Wednesday, 1:00 to 3:00.*

Trinity United Church428-4015
128-10th Ave. N.
Free lunch on Wednesdays from 12:00 to 12:30.

Counselling and Support

Aboriginal Network on Disabilities Society ...1-888-815-5511
*Referrals and information for disabled BC aboriginal people.
Open Monday to Friday, 8:30 to 4:30.*

Al-Anon428-9406
Meetings for people affected by another's drinking problem.

Alcoholics Anonymous428-2279
Meetings for people dealing with their own drinking problems.

Alcohol and Drug Counselling Program, Creston Valley
138-10th Ave. N.428-3553
*Free treatment, education, counselling, prevention, and
information to anyone with alcohol or drug problems. Open
Monday to Thursday, 8:00 to 4:00.*

Alcohol & Drug Info & Referral Service1-800-663-1441
24-hour information and referrals for alcohol and drugs issues.

BC Council for Families.....1-800-663-5638
www.bccf.bc.caFax (604) 732-4813
Information, programs, and workshops on family-related topics.

Government Agent *see Government (Service BC)*

GST Refund..... 1-800-959-1953

Income Security Programs 1-800-277-9914
Box 1177, Victoria BC, V8W 2V2 Fax 1-800-255-4786
www.canada.gc.ca
Old Age Security programs and Canada Pension Plan benefits.
Income Tax..... 1-800-959-8281

Ministry of Housing and Social Development
..... 1-866-866-0800
*BC Benefits, Disability Benefits for eligible applicants. Phone
line available Monday to Friday, 7:30 to 5:30.*

Student Financial Aid
Apply on-line at: www.aved.gov.bc.ca/student-services
BC and Canada student loan programs.

Travel Assistance Program *see Health*

Worker's Compensation 1-888-922-6622
Open Monday to Friday, 8:00 to 4:30.

Government

Enquiry BC..... 1-800-663-7867
*Access and information for provincial government programs and
services. Available Monday to Friday, 7:30 to 5:00.*

Service Canada Enquiries 1-800-O-CANADA
(1-800-622-6232)
*Access and information for federal government programs and
services. Available Monday to Friday, 8:00 a.m. to 8:00 p.m.*

Service BC428-3211
1404 Canyon St.....Fax 428-3212
*Applications, forms, and bill payments for provincial government
programs and services. Open Monday to Friday, 8:30 to 4:30.
Closed from 12:00 to 1:00.*

Home Links Centre **428-2217**
617-11th Ave. S. Fax 428-8922
www.crestonvalley.com/homelinks
Support for families who home-school their children. Open Monday from 8:00 to 12:00 and Tuesday to Friday, 8:00 to 4:00. Closed from 12:00 to 1:00.

Kootenay Employment Services **428-5655**
119-10th Ave. N. Fax 428-5336
www.kes.bc.ca
Services for job-seekers such as employment counselling, wage subsidy programs, financial assistance for training, job postings, resume assistance, resource library, computer and Internet, photocopying, faxing and telephone. KES also provides entrepreneurial services, re-employment programs, and local labour market information. Open Monday to Friday, 8:00 to 4:00.

Creston Education Centre & Homelinks **428-2217**
617-11th Ave. S. (South Creston School) Fax 428-4990
Central information for School District #8. Open Monday from 8:00 to 12:00 and Tuesday to Friday, 8:00 to 4:00. Closed from 12:00 to 1:00.

Student Financial Aid *see Financial Support*

Financial Support

BC Family Bonus/Canada Child Tax Credit...**1-800-387-1193**

Childcare Subsidy.....**1-888-338-6622**
www.mcf.gov.bc.ca/CHILDCARE/application.htm
Financial assistance for childcare

Community Futures..... *see Business & Entrepreneurial*

Employment Insurance.....**1-800-206-7218**
Application for benefits and bi-weekly reporting done on-line at:
www.canada.gc.ca

Creston Community Resource Centre **428-5547**
223-16th Ave. N..... Fax 428-5175
Local resource centre offering programs, counselling, books, pamphlets, videos and other resources designed to help the community with numerous social issues. Mon.-Fri. 8:30 to 4:30.

Cranbrook Women's Resource Centre **426-2912**
32-13th Ave. S. Cranbrook..... Fax 426-2984
Support, information, workshops, programs, books, etc. to help women with various issues.

Creston & District Society for Community Living... **428-2296**
205 -7th Ave N..... Fax 428-2297
Group home, woodworking shop, and maintenance work for mentally challenged individuals. Open Monday to Friday, 8:00 to 4:00. Closed from 12:00 to 1:00.

Cornerstone Clubhouse **428-2581**
see Community Resource Centre (Counselling and Support)
Rehabilitation for clients with serious mental illness.

Creston Valley Home Support..... **428-5616**
312-15th Ave. N..... Fax 428-5634
Individualized home support services and meals-on-wheels. Hours are Monday through Friday, 7:30 to 3:30.

Creston Valley Hospice Society..... **428-7575**
www.crestonbc.com/hospice
Companionship & emotional support for people with terminal illness and their families. 24-hour phone line.

Crisis Line **1-800-667-8407**
24-hour confidential counselling and referral for people in crisis.

Kootenai Community Centre..... **402-0068**
Emergency Safe Home Number **428-6856**
1508 Cook St..... Fax 402-0067
Emergency support services for residents of the Creston Valley and East Shore of Kootenay Lake and a variety of supportive programs and services for seniors and children. Open Monday to Friday, 8:30 to 4:00.

Ktunaxa/Kinbasket Wellness Centre..... **428-5516**
3246 Riverview Rd..... Fax 428-5235
www.healing-journey.org

Residential alcohol and drug treatment centre for first nation's adults. There are various programs and services available to the public. Open Monday to Friday, 8:30 to 4:00.

Narcotics Anonymous 24-hour help-line **1-800-342-7439**

Parent help-line *see Childcare*

PAWS (Pet & Animal Welfare Society)..... **428-7297**
www.crestonbc.com/paws

Safe, comfortable, homes for abandoned and unwanted animals in the Creston Valley.

Problem Gambling 24-hour help-line **1-888-795-6111**

Suicide Helpline **428-7111**

Public Health Nurse..... **402-6758**

Mental Health..... **428-8734**
243 -16th Ave. N. Fax 428-8956
Various mental health services, including counselling, assessments, and psychotherapy. Open Monday to Friday, 8:30 to 4:30.

VictimLINK..... **1-800-563-0808**
24-hour emotional and crisis support; information and referrals for people who have been victims of family and sexual violence, or any other crime.

Victim/Witness Services..... **428-9313**
421-16th Ave. S. (RCMP) Fax 428-7314
Immediate support for victims and witnesses of crime and trauma. Emotional support, police investigation and crime prevention info, referrals, criminal injury compensation, victim impact statements and court orientation and accompaniment.

Education, Skills, & Training

Apprenticeship **1-866-660-6011**
www.aved.gov.bc.ca/industrytraining

College of the Rockies..... **428-5332**
301-16th Ave. S..... Fax 428-4314
www.cotr.bc.ca

Local college offering many programs, both on-line and classroom, as well as various workshops. Open Monday to Friday, 8:30 to 4:30. Closed 12:00 to 1:00.

Creston Community Literacy **223-8549**
Various programs for children and their families to improve literacy and communication.

Adult Tutoring *One-on-one or small group tutoring*
Books for Babies *Informative book bags distributed to parents of newborns*
English as a Second Language *English language tutoring*
Family Tutoring *Private family tutoring*

Creston Public Library **428-4141**
531 – 16th Ave South..... Fax 428-4703
www.crestonlibrary.com

Internet access, videos, cassettes, c.d.'s, magazines, and reference materials. Programs for adults and children. Home delivery of materials for the physically unable is available. Open Tuesday, Thursday & Saturday, 10:00 to 5:00, Wednesday & Friday, 10:00 to 8:00.

Distance Education School of the Kootenays
570 Johnstone Rd. Nelson **(250) 354-4311**
www.sd8.bc.ca/Desk/index.html

Provincial elementary and secondary distance education. Open Monday to Friday, 8:00 to 4:00.

Education Enquiries..... **1-888-879-1166**
Educational information for kindergarten to grade 12. Open Monday to Friday, 8:30 to 4:30.

This employment resource directory has been designed to direct individuals to the resource needed to overcome employment-related barriers.



"Unlimited Possibilities"

Emergency Phone Numbers

Fire – Ambulance – Police

Call **911**

Non-Emergency

RCMP 428-9313

Hospital 428-2286

Victim's Assistance 428-9313